

Individual Meet Entries Report

2009 Q Meet 15-Nov-09 Yards

Location: Weyerhaeuser King County Aquatic Center

Vashon Aquatic Club [VAC-PN] Coach: Lisa MacLeod

P.O. Box 1824

Vashon, WA 98070

206-463-4640

info@vashonaquaticclub.org

FEMALE

<p>Emily Arnesen (12)</p> <p># 11 Female 11-12 50 Free 38.21Y SLVR</p> <p># 19 Female 11-12 50 Back 47.27Y</p> <p># 33 Female 11-12 50 Fly 49.74Y</p> <p># 39 Female 11-12 100 Free 1:25.73Y</p> <p>Liesl Bogaard (9)</p> <p># 9 Female 10 & Under 50 Free 43.35Y SLVR</p> <p># 13 Female 10 & Under 100 Breast 2:00.16Y SLVR</p> <p># 37 Female 10 & Under 100 Free 1:41.69Y</p> <p># 41 Female 10 & Under 50 Breast 56.80Y</p> <p>Madeline Cowen (13)</p> <p># 59 Female 13 & Over 100 Fly 1:32.95Y</p> <p># 69 Female 13 & Over 200 IM 2:51.61Y SLVR</p> <p># 73 Female 13 & Over 100 Free 1:08.23Y SLVR</p> <p># 77 Female 13 & Over 100 Back 1:21.72Y SLVR</p> <p>Hannah Cunningham (12)</p> <p># 15 Female 11-12 100 Breast 1:34.68Y SLVR</p> <p># 33 Female 11-12 50 Fly 38.59Y SLVR</p> <p># 43 Female 11-12 50 Breast 43.59Y SLVR</p> <p># 53 Female 11-12 100 IM 1:25.89Y SLVR</p> <p>Maia Cunningham (10)</p> <p># 9 Female 10 & Under 50 Free 38.76Y SLVR</p> <p># 13 Female 10 & Under 100 Breast 2:09.87Y</p> <p># 41 Female 10 & Under 50 Breast 51.91Y SLVR</p> <p># 51 Female 10 & Under 100 IM 1:40.68Y SLVR</p> <p>Kendall Danzer (13)</p> <p># 61 Female 13 & Over 50 Free 34.50Y SLVR</p> <p># 65 Female 13 & Over 200 Back 2:56.63Y SLVR</p> <p># 73 Female 13 & Over 100 Free 1:15.77Y SLVR</p> <p># 77 Female 13 & Over 100 Back 1:23.85Y SLVR</p> <p>Elise Dziko (11)</p> <p># 11 Female 11-12 50 Free 38.61Y SLVR</p> <p># 19 Female 11-12 50 Back 44.03Y SLVR</p> <p># 39 Female 11-12 100 Free NT</p> <p># 49 Female 11-12 100 Back NT</p> <p>Lauren Houston (13)</p> <p># 57 Female 13 & Over 200 Free 2:30.93Y SLVR</p> <p># 61 Female 13 & Over 50 Free 32.16Y SLVR</p> <p># 63 Female 13 & Over 100 Breast 1:28.96Y SLVR</p> <p># 73 Female 13 & Over 100 Free 1:09.53Y SLVR</p> <p>Anna Lueck (13)</p> <p># 59 Female 13 & Over 100 Fly 1:16.63Y SLVR</p> <p># 71 Female 13 & Over 200 Fly 3:21.81Y</p> <p># 73 Female 13 & Over 100 Free 1:19.39Y</p> <p># 77 Female 13 & Over 100 Back 1:23.56Y SLVR</p> <p>Kyra MacLeod (9)</p> <p># 9 Female 10 & Under 50 Free 42.19Y SLVR</p> <p># 13 Female 10 & Under 100 Breast 2:06.32Y</p> <p># 37 Female 10 & Under 100 Free 1:37.43Y</p>	<p># 41 Female 10 & Under 50 Breast 56.30Y</p> <p>Keara Mulvihill (14)</p> <p># 57 Female 13 & Over 200 Free 2:36.43Y SLVR</p> <p># 61 Female 13 & Over 50 Free 32.08Y SLVR</p> <p># 63 Female 13 & Over 100 Breast 1:32.51Y SLVR</p> <p># 73 Female 13 & Over 100 Free 1:12.15Y SLVR</p> <p>Anna Ripley (12)</p> <p># 19 Female 11-12 50 Back 39.31Y SLVR</p> <p># 29 Female 11-12 200 IM 3:03.26Y SLVR</p> <p># 33 Female 11-12 50 Fly 41.21Y SLVR</p> <p># 39 Female 11-12 100 Free 1:13.91Y SLVR</p> <p>Zoe Sackman (13)</p> <p># 57 Female 13 & Over 200 Free 2:30.41Y SLVR</p> <p># 59 Female 13 & Over 100 Fly 1:20.94Y SLVR</p> <p># 69 Female 13 & Over 200 IM 2:47.79Y SLVR</p> <p># 73 Female 13 & Over 100 Free 1:08.69Y SLVR</p>
--	--

Individual Meet Entries Report
2009 Q Meet 15-Nov-09 Yards**Vashon Aquatic Club [VAC-PN] Coach: Lisa MacLeod****MALE****Sage Everett (15)**

# 58	Male 13 & Over 200 Free	2:33.32Y
# 74	Male 13 & Over 100 Free	1:04.25Y SLVR
# 78	Male 13 & Over 100 Back	NT

Jacob Gold (9)

# 10	Male 10 & Under 50 Free	39.09Y SLVR
# 14	Male 10 & Under 100 Breast	2:07.10Y
# 18	Male 10 & Under 50 Back	47.34Y SLVR
# 42	Male 10 & Under 50 Breast	56.44Y SLVR

Diego Gray-Wishik (10)

# 32	Male 10 & Under 50 Fly	46.87Y SLVR
# 38	Male 10 & Under 100 Free	1:22.93Y SLVR
# 42	Male 10 & Under 50 Breast	57.56Y
# 52	Male 10 & Under 100 IM	1:40.71Y SLVR

Max Gross Shader (10)

# 14	Male 10 & Under 100 Breast	1:49.80Y SLVR
# 18	Male 10 & Under 50 Back	43.71Y SLVR
# 42	Male 10 & Under 50 Breast	52.24Y SLVR
# 48	Male 10 & Under 100 Back	1:37.22Y SLVR

Will Macdonald (13)

# 58	Male 13 & Over 200 Free	2:23.02Y SLVR
# 64	Male 13 & Over 100 Breast	1:27.41Y SLVR
# 70	Male 13 & Over 200 IM	2:53.78Y SLVR
# 78	Male 13 & Over 100 Back	1:21.15Y SLVR

David Nguyen (10)

# 2	Male 10 & Under 200 Free	2:54.07Y SLVR
# 14	Male 10 & Under 100 Breast	1:48.04Y SLVR
# 28	Male 10 & Under 200 IM	3:28.40Y SLVR
# 32	Male 10 & Under 50 Fly	43.13Y SLVR

Javid Nguyen (9)

# 10	Male 10 & Under 50 Free	39.84Y SLVR
# 18	Male 10 & Under 50 Back	53.89Y
# 42	Male 10 & Under 50 Breast	1:04.93Y

Charlie Penwick (13)

# 62	Male 13 & Over 50 Free	NT
# 64	Male 13 & Over 100 Breast	NT
# 74	Male 13 & Over 100 Free	NT

Connor van Egmond (9)

# 14	Male 10 & Under 100 Breast	1:55.30Y SLVR
# 38	Male 10 & Under 100 Free	1:31.13Y SLVR
# 42	Male 10 & Under 50 Breast	51.42Y SLVR
# 52	Male 10 & Under 100 IM	1:48.21Y SLVR

Individual Meet Entries Report

2009 Q Meet 15-Nov-09 Yards

Vashon Aquatic Club [VAC-PN] Coach: Lisa MacLeod

Female IE's: 52

Male IE's: 33

Total IE's: 85

Total Athletes: 22