

### Individual Meet Results - Personal Bests Only

**2010 January Challenge 16-Jan-10 to 17-Jan-10 Yards**
**Location: Foss High School Pool**
**Converted Times Used For Calculating Improvement**

Time	F/P/S	Event	Place	Points	Improv	
<b>Ezra Alldredge (11) M</b>						
59.61Y	F # 80	Male 11-12 50 Back	VAC-PN	14	---	-6.64
<b>Emily Arnesen (12) F</b>						
3:00.13Y SLVR	F # 117	Female 11-12 200 Free	VAC-PN	10	---	-0.69
45.24Y	F # 121	Female 11-12 50 Back	VAC-PN	13	---	-0.16
<b>Jeremiah Bogaard (8) M</b>						
X 25.69Y GOLD	F # 12	Male 8 & Under 25 Breast	VAC-PN	---	---	-5.06
X 20.39Y SLVR	F # 24	Male 8 & Under 25 Free	VAC-PN	---	---	-0.48
<b>Liesl Bogaard (9) F</b>						
1:59.12Y SLVR	F # 13B	Female 9-10 100 Breast	VAC-PN	5	4	-1.04
52.30Y	F # 119B	Female 9-10 50 Back	VAC-PN	16	---	-0.88
54.54Y SLVR	F # 125B	Female 9-10 50 Breast	VAC-PN	8	1	-2.26
52.31Y	F # 131B	Female 9-10 50 Fly	VAC-PN	12	---	-3.11
<b>Taylor Brooks (10) M</b>						
1:04.27Y	F # 120B	Male 9-10 50 Back	VAC-PN	14	---	-6.27
1:05.95Y	F # 126B	Male 9-10 50 Breast	VAC-PN	11	---	-7.94
<b>Kiana Chinn (10) F</b>						
53.69Y	F # 119B	Female 9-10 50 Back	VAC-PN	19	---	-1.45
1:06.16Y	F # 125B	Female 9-10 50 Breast	VAC-PN	12	---	-1.98
<b>Madeline Cowen (13) F</b>						
1:20.50Y SLVR	F # 49A	Female 13-14 100 Back	VAC-PN	10	---	-1.22
6:42.66Y SLVR	F # 73A	Female 13-14 500 Free	VAC-PN	7	2	-20.64
3:14.54Y	F # 85A	Female 13-14 200 Fly	VAC-PN	5	4	-4.55
<b>Hannah Cunningham (12) F</b>						
1:04.22Y GOLD	F # 59	Female 11-12 100 Free	VAC-PN	2	7	-1.60
1:20.84Y GOLD	F # 63	Female 11-12 100 IM	VAC-PN	3	6	-2.02
6:53.64Y SLVR	F # 71	Female 11-12 500 Free	VAC-PN	4	5	-75.82
2:27.93Y GOLD	F # 117	Female 11-12 200 Free	VAC-PN	4	5	-0.93
34.97Y GOLD	F # 133	Female 11-12 50 Fly	VAC-PN	3	6	-0.84
<b>Maia Cunningham (10) F</b>						
1:43.75Y GOLD	F # 13B	Female 9-10 100 Breast	VAC-PN	1	9	-4.18
1:27.06Y SLVR	F # 25B	Female 9-10 100 Free	VAC-PN	3	6	-1.60
<b>Jessica Danzer (15) F</b>						
1:16.81Y SLVR	F # 49B	Female 15 & Over 100 Back	VAC-PN	9	---	-1.74
29.45Y GOLD	F # 105B	Female 15 & Over 50 Free	VAC-PN	7	2	-0.09
<b>Elise Dziko (11) F</b>						
3:16.87Y	F # 117	Female 11-12 200 Free	VAC-PN	12	---	---
54.64Y	F # 127	Female 11-12 50 Breast	VAC-PN	14	---	-4.33
<b>Sage Everett (15) M</b>						
1:13.20Y SLVR	F # 50B	Male 15 & Over 100 Back	VAC-PN	1	9	-7.97
59.89Y GOLD	F # 62B	Male 15 & Over 100 Free	VAC-PN	2	7	-1.28
2:18.97Y SLVR	F # 78B	Male 15 & Over 200 Free	VAC-PN	3	6	-0.62
26.78Y GOLD	F # 106B	Male 15 & Over 50 Free	VAC-PN	1	9	-0.33
<b>Tazi Flory (15) F</b>						
2:37.58Y GOLD	F # 93B	Female 15 & Over 200 Back	VAC-PN	2	7	-9.10
2:56.35Y GOLD	F # 101B	Female 15 & Over 200 Breast	VAC-PN	4	5	0.29

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Time	F/P/S	Event	Place	Points	Improv
<b>Jacob Gold (9) M</b>					
1:45.72Y	GOLD F # 14B	Male 9-10 100 Breast	VAC-PN 5	4	-5.27
1:29.23Y	SLVR F # 26B	Male 9-10 100 Free	VAC-PN 9	---	0.46
8:30.15Y	SLVR F # 39D	Male 9-10 500 Free	VAC-PN 2	7	-59.36
44.19Y	SLVR F # 120B	Male 9-10 50 Back	VAC-PN 9	---	-0.77
48.86Y	GOLD F # 126B	Male 9-10 50 Breast	VAC-PN 7	2	-2.29
46.16Y	SLVR F # 132B	Male 9-10 50 Fly	VAC-PN 5	4	-1.18
36.62Y	GOLD F # 138B	Male 9-10 50 Free	VAC-PN 9	---	-0.80
<b>Diego Gray-Wishik (10) M</b>					
1:35.50Y	SLVR F # 8B	Male 9-10 100 Back	VAC-PN 7	2	-1.08
43.86Y	SLVR F # 120B	Male 9-10 50 Back	VAC-PN 8	1	-4.61
55.21Y	SLVR F # 126B	Male 9-10 50 Breast	VAC-PN 9	---	-2.35
35.40Y	GOLD F # 138B	Male 9-10 50 Free	VAC-PN 8	1	-1.05
<b>Chick Green (8) M</b>					
47.52Y	F # 6	Male 8 & Under 25 Back	VAC-PN 7	2	-8.92
<b>Max Gross Shader (10) M</b>					
1:19.29Y	GOLD F # 26B	Male 9-10 100 Free	VAC-PN 5	5	-3.09
1:34.20Y	SLVR F # 32	Male 9-10 100 IM	VAC-PN 4	5	-4.90
39.35Y	GOLD F # 120B	Male 9-10 50 Back	VAC-PN 4	5	-3.91
44.52Y	SLVR F # 132B	Male 9-10 50 Fly	VAC-PN 4	5	-1.71
33.99Y	GOLD F # 138B	Male 9-10 50 Free	VAC-PN 5	4	-1.06
<b>Lauren Houston (13) F</b>					
41.84Y	F # 97A	Female 13-14 50 Fly	VAC-PN 3	6	-3.18
<b>Lola Lewis (9) F</b>					
1:15.83Y	F # 125B	Female 9-10 50 Breast	VAC-PN 14	---	-4.51
<b>Oscar Lewis (11) M</b>					
2:01.21Y	F # 34	Male 11-12 100 IM	VAC-PN 6	3	-6.34
<b>Will Macdonald (14) M</b>					
2:39.75Y	SLVR F # 46A	Male 13-14 200 IM	VAC-PN 6	3	-6.47
1:26.37Y	SLVR F # 54A	Male 13-14 100 Breast	VAC-PN 6	3	-0.34
1:05.11Y	GOLD F # 62A	Male 13-14 100 Free	VAC-PN 8	1	-0.96
6:41.69Y	SLVR F # 73B	Male 13-14 500 Free	VAC-PN 7	2	-10.20
3:01.85Y	SLVR F # 102A	Male 13-14 200 Breast	VAC-PN 4	5	-11.77
<b>Kyra MacLeod (9) F</b>					
1:54.61Y	SLVR F # 13B	Female 9-10 100 Breast	VAC-PN 3	6	-10.31
1:47.28Y	SLVR F # 31	Female 9-10 100 IM	VAC-PN 4	5	-8.03
40.46Y	SLVR F # 35	200 Free Relay Lead Off	VAC-PN ---	---	-1.41
52.27Y	F # 119B	Female 9-10 50 Back	VAC-PN 15	---	-0.58
51.70Y	SLVR F # 125B	Female 9-10 50 Breast	VAC-PN 6	3	-4.60
53.94Y	F # 131B	Female 9-10 50 Fly	VAC-PN 13	---	-2.77
<b>Lucas MacLeod (8) M</b>					
33.38Y	F # 12	Male 8 & Under 25 Breast	VAC-PN 5	4	-0.19
21.64Y	SLVR F # 24	Male 8 & Under 25 Free	VAC-PN 4	5	-1.28
<b>Emily Milbrath (10) F</b>					
2:02.45Y	SLVR F # 13B	Female 9-10 100 Breast	VAC-PN 7	2	-3.60
1:37.90Y	F # 25B	Female 9-10 100 Free	VAC-PN 5	4	-11.02

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1:50.09Y	F # 31	Female 9-10 100 IM	VAC-PN	5	4	-6.46
48.40Y SLVR	F # 119B	Female 9-10 50 Back	VAC-PN	11	---	-4.59
55.14Y SLVR	F # 125B	Female 9-10 50 Breast	VAC-PN	9	---	-2.16
51.16Y	F # 131B	Female 9-10 50 Fly	VAC-PN	11	---	-6.43
40.22Y SLVR	F # 137B	Female 9-10 50 Free	VAC-PN	10	---	-4.21
<b>Keara Mulvihill (14) F</b>						
1:17.80Y SLVR	F # 49A	Female 13-14 100 Back	VAC-PN	7	1.5	-9.06
3:10.88Y SLVR	F # 101A	Female 13-14 200 Breast	VAC-PN	4	5	-6.09
<b>Sayward Nelson (14) F</b>						
1:22.27Y	F # 61A	Female 13-14 100 Free	VAC-PN	19	---	-6.44
1:38.13Y	F # 65A	Female 13-14 100 IM	VAC-PN	5	4	-4.56
3:06.08Y	F # 77A	Female 13-14 200 Free	VAC-PN	10	---	-33.04
45.86Y	F # 89A	Female 13-14 50 Breast	VAC-PN	5	4	-1.21
<b>David Nguyen (11) M</b>						
39.09Y SLVR	F # 80	Male 11-12 50 Back	VAC-PN	7	2	-1.40
47.25Y SLVR	F # 88	Male 11-12 50 Breast	VAC-PN	9	---	-0.72
<b>Javid Nguyen (9) M</b>						
1:48.33Y SLVR	F # 8B	Male 9-10 100 Back	VAC-PN	9	---	-15.07
1:32.73Y SLVR	F # 26B	Male 9-10 100 Free	VAC-PN	12	---	-15.39
1:45.45Y SLVR	F # 32	Male 9-10 100 IM	VAC-PN	10	---	---
47.04Y SLVR	F # 120B	Male 9-10 50 Back	VAC-PN	10	---	-5.23
58.15Y	F # 126B	Male 9-10 50 Breast	VAC-PN	10	---	-6.78
48.36Y SLVR	F # 132B	Male 9-10 50 Fly	VAC-PN	7	2	-4.45
39.83Y SLVR	F # 138B	Male 9-10 50 Free	VAC-PN	13	---	-0.01
<b>Henry Perlman (9) M</b>						
1:24.05Y	F # 120B	Male 9-10 50 Back	VAC-PN	15	---	-15.06
<b>Anna Ripley (13) F</b>						
1:22.31Y SLVR	F # 49A	Female 13-14 100 Back	VAC-PN	12	---	-7.07
44.15Y	F # 89A	Female 13-14 50 Breast	VAC-PN	2	7	-2.79
<b>Iris Sackman (9) F</b>						
1:12.87Y	F # 125B	Female 9-10 50 Breast	VAC-PN	13	---	-4.81
<b>Zoe Sackman (14) F</b>						
1:22.31Y SLVR	F # 49A	Female 13-14 100 Back	VAC-PN	12	---	-3.29
2:52.90Y SLVR	F # 93A	Female 13-14 200 Back	VAC-PN	5	4	-11.88
<b>Connor van Egmond (9) M</b>						
1:46.34Y GOLD	F # 14B	Male 9-10 100 Breast	VAC-PN	6	3	-7.10
1:43.48Y SLVR	F # 32	Male 9-10 100 IM	VAC-PN	7	2	-4.73
48.54Y GOLD	F # 126B	Male 9-10 50 Breast	VAC-PN	6	3	-1.66
35.30Y GOLD	F # 138B	Male 9-10 50 Free	VAC-PN	7	2	-0.52